

Men need hormones too

Feeling overweight, tired or losing muscle tone? Face getting wrinkled? Is your sexual performance declining? Do you suffer mood swings, hot flashes and night sweats? You might be facing testosterone deficiency and going through Andropause (male menopause).

Testosterone is not just a sex hormone, it is a total body hormone affecting every aspect of a man's life. The changes seen — increased fat mass, loss of lean body mass, decline in energy, strength and stamina, unexplained depression, decrease in sexual desire and performance are all related to testosterone deficiency. Heart ailments, strokes, diabetes/insulin resistance, metabolic syndrome, arthritis, osteoporosis, hypertension are also directly or indirectly related to testosterone deficiency in men.

A consistent finding in scientific literature



Dr Deepak Chaturvedi

aged.

is that supervised Testosterone (Hormone) Replacement Therapy in men leads to a well-balanced endocrine system and produces an increased sense of well being.

Testosterone Replacement Therapy should be instituted only if the symptoms, clinical features and laboratory parameters are consistent with testosterone deficiency. Other hormonal imbalances need to be corrected simultaneously. The inadvertent use/ abuse of Testosterone Therapy for body building and weight loss is discour-

*Dr Deepak Chaturvedi, M.D. (Medicine),
Metabolic Physician, Antiaging, Obesity and
Hormones Specialist*

Website: www.drdeepakchaturvedi.com

Email: contact@drdeepakchaturvedi.com

Call: 022-2649 7968/97699 12270